



**Technical documentation** 

60 capsules



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## **RESTILEN FOOD SUPPLEMENT LABEL**

## RESTILEN

FOOD SUPPLEMENT

60 capsules

**Restilen** is a food supplement supporting the maintenance of a good mood and emotional balance. The ingredients contained in it improve the body's resistance to stress and help in the proper functioning of the nervous system and maintaining proper psychological functions. Restilen, thanks to its ingredients, also contributes to the reduction of fatigue and helps to maintain optimal endurance, feeling of energy and vitality.

EN	2 capsules
Sweet Orange Peel Extract [20% Limonen] – Serenzo™	500.00 mg
Ashwagandha Root Extract [5% Withanolides] - KSM-66®	200.00 mg
Green Tea Leaf Extract [98% L-Theanine]	50.00 mg
Saffron Stigma Extract [0,4% Crocins, 0,4% Safranal] – Saffr'Activ®	30.00 mg
Melon Juice Concentrate – SOD B Extramel®	10.00 mg
Thiamin	6.00 mg (545%*)
Riboflavin	6.00 mg (429%*)
Niacin	30.00 mg (188%*)
Vitamin B6	3.50 mg (250%*)
Vitamin B12	10.00 µg (400%*)
Pantothenic Acid	12.00 mg (200%*)
Magnesium – Aquamin™ Mg	100.00 mg (27%*)

\* NRV - Nutrient Reference Value

INGREDIENTS: Sweet Orange Peel Extract (*Citrus sinensis*) [20% Limonen] – Serenzo™; Magnesium Hydroxide – Aquamin™ Mg; Capsule Shell – Hydroxypropyl Methylcellulose; Ashwagandha Root Extract (*Withania somnifera*) [5% Withanolides] – KSM-66®; Green Tea Leaf Extract (*Camellia sinensis*) [98% L-Theanine]; Rice Extract Blend; Nicotinamide (Niacin); Saffron Stigma Extract (*Crocus sativus*) [0,4% Crocins, 0,4% Safranal] – Saffr'Activ®; Cyanocobalamin (Vitamin B12); Calcium D-Pantothenate (Pantothenic Acid); Melon Juice Concentrate (*Cucumis melo*) – SOD B Extramel®; Thiamine Mononitrate (Thiamin); Riboflavin; Pyridoxine Hydrochloride (Vitamin B6).

Serenzo<sup>™</sup> is a registered trademark of Nexira SAS.

 $\mathsf{KSM-66}\ensuremath{\mathbb{R}}$  is a registered trademark of Ixoreal Biomed Inc.

Saffr'Activ® is a registered trademark of COMERCIAL QUÍMICA MASSÓ, S.A.

Extramel® is a registered trademark of BIONOV.

Aquamin<sup>™</sup> Mg is a registered trademark of Marigot Ltd.

**DIRECTIONS FOR USE**: Recommended daily allowance – 2 capsules (1 capsule two times a day) – washed down with 300 ml of water.

**WARNINGS:** Do not exceed the recommended daily dose. Do not take as a substitute for a varied balanced diet or a healthy lifestyle. Not suitable for children, pregnant or lactating mothers. The product should not be consumed when using sedative, hypnotic or anti-epileptic drugs. Balanced diet and healthy lifestyle are essential.

**STORAGE:** Store in a dry place at room temperature in a tightly closed container. Store out of reach of small children.

BEST BEFORE END / BATCH NUMBER: See the bottom of the packaging.

**MANUFACTURER:** NuviaLab LLC, 501 Silverside Rd, Ste 105, Wilmington, DE 19809, USA. **COUNTRY OF ORIGIN:** European Union.

**NET WEIGHT:** 45.00 g

## **REPORT OF LABORATORY ANALYSIS**







## REPORT OF ANALYSIS No. 483658/20/SGDY

	Sample description (according to declaration of Client)		
	RESTILEN 60 capsules		
	Batch/lot: 1482009		
	Expiry date: 31-08-2022		
Sample without any visible damages			
2020-09-28			
2020-10-05	Order of 2020-09-24		
2020-10-05	The samples were delivered by Client		
	2020-10-05	RESTILEN 60 capsules   Batch/lot: 1482009   Expiry date: 31-08-2022   Sample without any visible damages   2020-10-05   Order of 2020-09-24	

Test	Method	Unit	Result	Criteria	Parameter compliant / non-compliant
* Enumeration of mesophilic aerobic bacteria <sup>1)</sup>	PN-EN ISO 4833-1:2013-12	cfu/g	<1,0x10 <sup>1</sup>	-	-
* Enumeration of yeast and moulds 1)	PN-ISO 21527-2:2009				
Enumeration of moulds		cfu/g	<1,0x10 <sup>1</sup>	-	-
Enumeration of yeast		cfu/g	<1,0x10 <sup>1</sup>	-	-
* Detection of Escherichia coli <sup>1)</sup>	PN-ISO 7251:2006		not detected in 1 g	-	-
* Detection of coagulase-positive staphylococci (Staphylococcus aureus and other species) <sup>1)</sup>	PN-EN ISO 6888-3:2004+AC:2005		not detected in 1 g	-	-
* Detection of Salmonella spp. in 25g <sup>1)</sup>	PN-EN ISO 6579-1:2017-04		not detected	-	-
* Polycyclic aromatic hydrocarbons (PAHs) <sup>2)3)</sup>	PB-117/HPLC ed. VI of 20.01.2019				
Benzo(a)pyrene		µg/kg	< 1,0	≤ 10,0	compliant
Σ PAHs (Benzo(a)pyrene, Benz(a)anthracene, Chrysene, Benzo(b) fluoranthene)		µg/kg	below quantification limit	≤ 50,0	compliant
* Cadmium <sup>2)</sup>	PB-68/ICP ed. III of 18.09.2012	mg/kg	0,041 ± 0,006	≤ 0,10	compliant
* Lead <sup>2)</sup>	PB-68/ICP ed. III of 18.09.2012	mg/kg	0,06 ± 0,01	≤ 3,0	compliant
* Mercury <sup>2)</sup>	PB-30/CVAAS ed. V of 18.09.2012	mg/kg	< 0,0006	≤ 1,0	compliant

<sup>1)</sup> Commission Regulation (EC) No 2073/2005 of 15 November 2005. as amended, on microbiological criteria for foodstuffs.

<sup>2)</sup> Commission Regulation (EC) No 1881/2006 of 19 December 2006, as amended, setting maximum levels for certain contaminants in foodstuffs.

<sup>3)</sup> Limit of quantification for benzo(a)pyrene, benz(a)anthracene, chrysene, benzo(b)fluoranthene: 1,0 µg/kg.

THE END OF THE REPORT

Authorized by: Patrycja Galera, Senior Specialist Analyst, Spectroscopy Laboratory

Paulina Połosak, Expert Analyst, Microbiology Laboratory Gdynia Żaneta Nowińska-Słowik, Expert Analyst, Liquid Chromatography Laboratory

Approved by: Hanna Wachowska, Laboratory Director (Approved with electronic signature)

\* Test method accredited; # Test performed by external provider

Laboratory: Gdynia 81-571, Chwaszczyńska 180 The results relate to the analysed samples only. Unless otherwise specified given expanded measurement uncertainty was estimated for the coverage factor k=2 at 95% confidence level. Sampling uncertainty has not been taken into consideration. Unless otherwise specified when conformity is stated J.S. Hamilton Poland Sp. z o.o. applies the simple acceptance decision rule in accordance with ILAC-G8.09/2019. This Report cannot be reproduced partially without a prior written consent of J.S. Hamilton Poland Sp. z o.o. Responsibility of J.S. Hamilton Poland Sp. z o.o. applies the simple acceptance decision rule in accordance with ILAC-G8.09/2019. This presented in original copy of the Report. The service confirmed by this Report is subject to the General Terms and Conditions of Services of J.S. Hamilton Poland Sp. z o.o. published on www.hamilton.com.pl

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